

DETOX WATER

- 1 large GRAPEFRUIT (or 2 ORANGES)
- 2 KIWI
- 1 LIME
- FRESH MINT LEAVES
- FILTERED WATER

Cut grapefruit or oranges into large sections, slice kiwi and lime. Place fruit and 15-20 mint leaves (or amount desired) into a large pitcher and fill with water. Cover and let set in fridge 8 hours or overnight. Add any favorite fruit.

Other Flavor Combinations:

- 1) Fresh Cucumber, Lemon & Mint
- 2) Fresh Strawberries (quartered), Blackberries, Oranges & Lemon
- 3) Fresh Pineapple, Strawberries, Oranges & Lime